

•LOTS January 3

•State Meeting at Tan-Tar-A
January 16-18

• National Year-End
Celebration in Crystal River,
FL: March 18-22

•State Meeting in Macon:
May 15-17

PRESIDENT'S MESSAGE

"How far that little candle throws his beams! So shines a good deed in a weary world."

-William Shakespeare

Missouri Jaycees -

You can't turn on the TV, open up a newspaper or surf the web without being confronted with all the bad things that are happening in the world today. The fragile economy has had an impact on all of us. Many are worried about the future of their jobs or losing their business. The price of gas and food has had an immediate impact on our pocket books. The housing market has spiraled downward with mounting foreclosures and falling home values. The volatility of the stock market has made us worry about losing value in our stocks, 401k and retirement plans. The credit crunch has made it harder for all of us to get personal and home loans. It also affects business and their ability to fund their inventories. It seems everywhere you turn a new crisis rears its ugly head.

All of this creates a tremendous amount of worry and stress levels are at an all time high. Stress doesn't just hurt us mentally, it also hurts us physically. The physical toll that stress takes on your body can lead to heart disease. Cardiologists say they are busier now than they have ever been. One of the things cardiologists will tell you is to find something to take your mind off the

things that are causing your stress. You may choose to go to a movie or a football game, volunteer at your church or at the hospital, or join a service club. Jaycees may be just the prescription you need for a healthier life. In these hard times, organizations like ours give hope to our communities. These are times when our members get to experience the real impact we can make.

The Jaycees are the ones that reach out to help those in their time of need. We volunteer at soup kitchens and provide holiday meals for needy families. We visit retirement homes to brighten someone's day that may not have had a visitor in awhile. We run projects that raise food and money for our local food pantries. We raise money so that the physically and mentally challenged can attend Wonderland Camp and Access Day at the State Fair.

The Jaycees are also the ones that bring fun projects to our communities that encourage our citizens to have fun. Several of our Jaycee chapters still run the fireworks display for their local towns. We have safe Halloween activities for kids. Jaycees all over the nation are running fairs, festivals, mud runs, kid's football programs, and egg hunts.

As a member of the Jaycees, it is your decision what projects your chapter does for its community. As a member, you have a voice. If you see a need, get your chapter to fill that need. Not only is your life is enriched by the proj-

ects we do, but our society benefits as well. You should all be very proud of the work you do!

When you find yourself dreading going to work that holiday parade, think about all those people you are bringing joy to in your community. You are giving them an opportunity to take their minds off their life stresses. Anne Frank said "How wonderful it is that nobody need wait a single moment before starting to improve the world." Our time is NOW! Let's not wait a moment to help those in need in our communities! Let's not give hesitation to running projects that bring joy to so many! Let's Work Together to show our communities the Jaycees are the best young person's organization in the WORLD!

Tonya Benton
87th State President

Thanksgiving Facts to Feast On

Since becoming a national holiday in 1863, Thanksgiving has been a time for gathering and celebrating with friends and family, giving thanks, and of course - eating! To commemorate this holiday, MERIC has compiled this list of facts to feast on.

28 - Number of places in the United States named Plymouth, as in Plymouth Rock, the landing site of the first Pilgrims. Speaking of Plymouth Rock, there is just one township in the United States named "Pilgrim." Located in Dade County, Missouri, its population was 135 in 2006.

\$9.5 million - The value of U.S. imports of live turkeys during the first half of 2007-99.5 percent from Canada.

Fifth - Missouri's rank in turkey production in the United States for 2007 with an estimated 21 million raised. Minnesota is the nation's leading turkey producer at 46 million, followed by North Carolina (39 million), Arkansas (31 million), and Virginia (21.5 million).

November - The month of the year when U.S. turkey prices are at their lowest. Last year, turkey prices averaged 97.3 cents a pound in November.

841,280 tons - Estimated U.S. production of snap green beans in 2007. Many Americans consider green bean casserole a traditional Thanksgiving dish.

1.6 billion pounds - The total weight of sweet potatoes-another popular Thanksgiving side dish-produced by major sweet potato producing states in 2006.

690 million pounds - The forecast for U.S. cranberry production in 2007, essentially unchanged from 2006.

38.7 million - Forecasted number of Americans who will travel 50 miles or more for Thanksgiving, a 1.6 percent increase from 2006.

MEMBERS



MEMBERS

VICE PRESIDENTS' MESSAGES

Training Opportunities by VP Paul Myers

There have been lots of training opportunities in this last trimester. I just wanted to send out thanks to all of those that attended each of these meetings and took advantage of the trainings that were available. We had an exciting election meeting, a contested national election meeting and Missouri hosted the Dixie

meeting all in the last 60 days.

I am also pleased to announce that James Danley and I both went thru JCI Designer at the national meeting, and are now both Certified National Trainers. We have a few people that are close to being certified as a Local Trainer so hopefully by the first of the year

Missouri will have a few more C.L.T.'s.

If you are interested in becoming a trainer or improving your training skills call me so we can talk about all the opportunities there are for you out there.

Challenge by VP Sandy Backes

Well 2008 is winding down, but the Missouri Jaycees are gearing up for it. Yes, all chapters should be working on their goals for year end. And while you are out looking forward to Winter Meeting, please go out and sell ads for the Winter State Meeting Program Book. A business card ad is only \$25.00, 1/2 page ad is \$50.00 and a full page ad is \$100.00. Send them to me as soon as you sell them. I can start setting up the lineup. Yes, I will accept "friendly" Happy Ads, and Jaycee event ads or congratulation ads for your incoming and/or outgoing chapter boards. I plan to close sales in early January, to get the program books put together and printed.

**** CHALLENGE ****

If you (an individual) sell \$500.00 worth in new ads, your registration for Winter Meeting will be paid for. If you do this as a group, you will need to let me know in advance who your group is and who to credit for the free registration. IDEA -Do it as a chapter and raffle off the registra-

tion

Calendar of Events . . . I know the year is winding down, but please send me your end of year events, your installation banquets, etc. Plus, start sending me your events for 2009. And please send me GPS address too. I don't like getting lost.

I would also like to say "Thank you" for allowing me to be your 2008 Vice President and also giving me a chance to do it again in 2009. And a "Thank you" to my program managers . . . Ann Kampeter (Parade of Chapters) and Bridgette Epple (Impact). I appreciate the hard work that they have done in 2008.

Sandy Backes
2008 Vice President & 2009 Vice President Elect
Cell: 573-690-1884
Email: jayceesandy@hotmail.com

Opportunity by VP James Danley

Henry Giessenbier said, "Opportunity is as constant as the shadows that walk next to us every day. It is always present in our affairs, regardless of vocation, position, or circumstance. Opportunity is not what may come to us tomorrow, but what we make out of today." When I look back on 2008 I can't help but think about how many opportunities that were laid before me. Some of these opportunities I took while others I did not. Hy had it right when he spoke of how constant opportunity actually is by saying it "is as constant as the shadows that walk next to us every day". At the fall state meeting in Kansas City, Reverend Bowen told us that we make our own lunch. He was implying that we are in charge of our own futures and basically it comes down to whether we take advantage of these opportunities or not.

The greatest thing about the Junior Chamber is that we are afforded limitless opportunities. If we can dream it, we can achieve it! I have watched chapters accomplish great things over the last several years. I have watched our members accomplish great things when most people would have never tried in the first place. I am a firm believer in the objectives of the Junior Chamber movement. This

means that I believe in the power and passion of young people striving for personal growth through individual development. I am sure that many of you reading this article partner with me in that belief.

With all that said, I want to thank the Missouri Jaycees for electing me to serve you as your 88th State President in 2009. I assure you that my focus this next year will be similar to what it has been the last several years and that is to continue to build strong leaders across our state. Furthermore it is to continue to meet the needs of our communities especially now when they rely on us most. I am also eager to re-familiarize the communities across Missouri with the Jaycees and show them why we are the organization of choice for young people in our state. It is time for a movement not just for our organization but for those in whom we serve. I started this article by talking about opportunity because I want to challenge each one of us to step out of our comfort zone and accept new opportunities. These could be new opportunities for individual development, community development, business development, and so on. I want to challenge our chapters to find a need in their communities and run a new chapter project to

meet that need.

2009 will surely be remembered as the year that each of you seized more opportunities than ever before. I personally want to help you and share in these life changing opportunities. This organization gives each of us the tools required to achieve success in all facets of life. I know that there is a burning passion in each one of you that drives you to push on until you have made an impact and a difference in the world in which we live. I know we have heard this statement before but it has never been more true until now...Now is the best time to be a Jaycee. I look forward to us accomplishing great things this next year and I want you to understand just how important it is to utilize the various resources that you have available. There is no need to reinvent the wheel when the tools are already available. Let me know what you need and I won't rest until you have it. Missouri Jaycees, let's finish this year strong and Let's Work Together as we transition to a new year and we start a fire that is raging in the heartland. The Heat Is On!

James Danley
2008 State VP & 2009 President Elect

What Does It All Mean? by VP Lorie Thompson

Missouri Jaycees, I've been in Jaycees for nine years, and it never ceases to amaze me how a new member or the prospect of a new member can inspire an existing chapter. I'd like to tell you a story of how I've seen my home chapter evolve this year. Prior to 2008 and since the start of my involvement with the Macon Jaycees in 2003, the chapter has barely mentioned the idea of focusing on adding new members or starting a chapter in another community. This year, one of our members got the chance to attend leadership academy in Tulsa. Since she came back, the perspective and enthusiasm of our chapter has greatly improved. She inspired our president this year to drive two new extensions thus far, and now the chapter is working on achieving an internal extension for October. I have not had the opportunity until now to even attend a membership night, and through the chapter's excitement, I have now chaired one. A couple of other members went last weekend to work on

yet another external extension as well.

All of this motivation and drive to make our chapter better began with the enthusiasm of one member, Lori Flax. In the coming months, you will be electing a new board for your chapter. Find the person with the energy and excitement the Macon Jaycees found in Lori, and get behind them. Fuel that fire and make your chapter finish good as you work together in 2008 and find that the heat is on for 2009.

Thank you for the opportunity to serve the Missouri Jaycees as State VP in 2008. I will never forget the opportunities and experiences and will treasure them always.

Respectfully submitted,
Lorie Thompson
2008 State VP

Kudos by R5 DD Holly Kosick

I would like to give congratulations, a big shout out and say thank you to two individuals that took the next step in leadership with the Jaycees!

Martha Stodden, current President of St. Charles Jaycees and District Director Elect for District 3 in Region 5 and Chris Bradburn, current President of West St. Louis County Jaycees and District Director Elect for District 4 in Region 5

Both Martha and Chris have worked incredibly hard this year for two extremely busy chapters in Region 5. Both Martha and

Chris have held multiple positions in their chapters prior to becoming Presidents and both come from chapters with lots of experience in running multiple projects at the same time. Because of those experiences both Presidents come in to the position of DD with a quite a bit of knowledge and expertise that they can share and help incoming 2009 Region 5 Presidents.

I look forward to working with both individuals and it is an honor to have them on the Region 5 team in 2009. Thank you both for taking the next step!

Shopping Your

The St. Charles Jaycees will be hosting their annual Christmas Shopping Tour on Sunday, December 8 at the Target at Cave Springs at 8 am. Each year we take children who may not have had the best Christmas shopping for anything they would want to buy. Each child is given a limit on what they can spend, but other than that, there are no rules!

This year we will be taking children from Angels' Arms, a privately funded foster care agency that focuses on keeping sibling groups together. It is a warm your heart project that is a wonderful addition to the holiday season! If you would like to join us, we would love some visitors!

MESSAGES

Cash Bash

The St. Charles Jaycees have teamed up with the First Capitol Lions of St. Charles to bring you our first CASH BASH on Saturday, November 8, 2008. The event will take place at the St. Peters Catholic Church Parish Center from 6:30 to 9:30 pm.

The cost for the event is \$70 per couple (\$35 per person) and includes an Italian dinner, open bar, and the chance to win over \$ 2,000 in cash prizes. My Own Medicine will take the stage at

7:30 to provide us with an evening of good music, good friends, and fun!

Money raised from the evenings events will go to benefit the building that the two groups are building together. For tickets, please contact Martha Stodden at mms5e7@charter.net or 314-704-0450.

Martha Stodden, 2008 President St. Charles Jaycees

Missouri Jaycee Foundation

Minutes September 13, 2008

The meeting of the Missouri Jaycee Foundation Board of Directors was called to order by President Jim Pendleton at Marriott Air Port in Kansas City with the following members present Jim Pendleton, Terry Lunsford, Mary Elizabeth Dorsey, Tim Vincent, Jackie Bax, Lewis Ash, Randy Johnson, Tonya Benton, Joe Jerkins and Tom Hendrix. Guest present was Steven Coffey, Wonderland Camp Program Manager for the Missouri Jaycees. The agenda was approved as amended.

WONDERLAND CAMP REPORT: Steven Coffey discussed the purchase of jackets and polo shirts as the incentives for this year. He and Joe Jerkins had determined that jackets could be purchased for \$47.98 and the polo shirts at \$27.38 each with embroidery to be an extra \$5.00 each. Lewis Ash moved to approve the purchase of jackets for each \$1,000.00 of cash donation and polo shirts for each \$500.00 of in-kind donation. The motion was seconded by Jackie Bax. Motion passed.

Steven Coffey then discussed the necessity of renovating the pool area at the camp. Concrete is deteriorating on the deck and need to be replaced or repaired and the wooden deck area and cover also need to be repaired. The wooden deck area is not level with the concrete at this time. There has been research in to a pad that would cover the concrete when it is repaired. This pad would be a recycled rubber system that would float over the concrete and snap together. The cost of that system would be \$16,339.00 and with the installation of that pad and the repair to the concrete and wooden deck and cover the total cost would be approximately \$30,000.00. Terry Lunsford moved to support this project and seek the funding by the Missouri Jaycees. Jackie Bax seconded the motion. Motion passed.

SECRETARY'S REPORT: Tom Hendrix indicated the Minutes of the May 17, 2008 had been e-mailed to all members. One question had been raised about the minutes and there was an explanation of that item. Tom Hendrix moved for approval of the minutes, motion seconded by Terry Lunsford. Motion passed.

TREASURER'S REPORT: Terry Lunsford presented the Treasurer's Report. In the Building Account of the Foundation there is a balance of \$32,839.37 as of September 13, 2008. The bill for insurance in the sum of \$603.00 has been received but not yet paid. In the Wonderland Camp Construction Account there is currently a balance of \$77,717.61 with allocations as follows: Missouri Muleskinner Corps \$2,250.83; Missouri Show-Me Corps \$7,056.90; Campership Program \$11,568.80; Reserve for Contingency \$20,000.00; and General Unreserved funds \$36,841.08. These are the balances as of September 13, 2008. The Treasurer's report was accepted as pre-

sented.

EXECUTIVE DIRECTOR'S REPORT: Joe Jerkins reported that he had new people to clean the office and take care of the lawn. He also presented a proposal for landscaping the front of the building. Mary Elizabeth Dorsey moved to approve the expenditure of funds for the landscaping. Jackie Bax seconded the motion. Motion passed.

JAYCEE PRESIDENTS REPORT: Tonya Benton reported that the Missouri Jaycees were at growth for August but still down for the year. Region II was looking for another extension and several other extensions were in the works. She expects that the Missouri Jaycees will be at growth by the end of the year.

OLD BUSINESS: Mary Elizabeth Dorsey reported she has had several discussions with the law office in Florida about the quiet title action and hopes that the Foundation will have clear title by January.

On the issue of the By-Laws, President Jim Pendleton passed around a very early copy of the By-Laws. Randy Johnson requested we have an update by December 15. Tim Vincent moved to form a three member committee to revise the By-Laws. Motion seconded by Terry Lunsford. Motion passed. The following members were appointed, Mary Elizabeth Dorsey, Joe Jerkins and Tom Hendrix.

NEW BUSINESS: The terms of the following members terms are scheduled to be elected at this meeting; Gerry Moore, Lewis Ash, Jackie Bax, Mary Elizabeth Dorsey and Tom Hendrix. Randy Johnson moved to reelect all five members to new two year terms on the Board of Directors. Terry Lunsford seconded the motion. Motion passed and Gerry Moore, Lewis Ash, Jackie Bax, Mary Elizabeth Dorsey and Tom Hendrix were all reelected to the Board of Directors.

Election of Officers. Tom Hendrix moved that Jim Pendleton be elected President, motion seconded by Terry Lunsford. Tom Hendrix moved that Randy Johnson be elected Vice-President, motion seconded by Mary Elizabeth Dorsey. Mary Elizabeth Dorsey moved that Tom Hendrix be elected Secretary, motion seconded by Terry Lunsford. Randy Johnson moved that Terry Lunsford be elected Treasurer, motion seconded by Lewis Ash. All motions passed.

There was discussion about the time of the meeting. Joe Jerkins indicated that with the morning schedule of events it was easier for him and the State President of the Jaycees to have an early afternoon meeting. It was acknowledged that Dennis Kramer could not attend this meeting as he had to leave to be at work in the evening. The next meeting is scheduled for January 17, 2009 at Tan-Tar-A. There being no further business the meeting adjourned.

Respectfully submitted,
Thomas K. Hendrix, Jr., Secretary

Ticket Fixes for Camp

Any MO Jaycee who receives a traffic violation (exclusive of DWI, DUI, BAC, DWS, DWR) can receive representation for a \$100 donation to Wonderland Camp.

You are responsible for the payment of your fine and court costs in addition to your donation to Wonderland Camp. This offer is open to any MO Jaycee, including Life Members, Ambassadors, Senators, Muleskinner and Show-Me Corp members.

If you have a friend or co-worker who would like to take advantage of this offer...sign them. If you have any questions or get a ticket, call Chip Gentry at 573-636-2177 or Mary Elizabeth Dorsey at 636-940-8000. Effective until December 31, 2007

JCI Scholarships

The United States JCI Senate Foundation awards \$1,000 scholarships to graduating high school seniors in the United States who plan to continue their education at accredited post-secondary colleges, universities or vocational schools.

The Missouri JCI Senate will pick 2 nominees to represent Missouri for the US JCI Senate scholarships. The Missouri JCI Senate will present these 2 winners each a \$250 scholarship. This is available to Missouri residents only. The deadline for entries is postmarked Jan 2, 2009. The application form

can be downloaded from either of these two sites.

<http://www.usjcisenate.org/modules/scholarship/Missouri>

Or

<http://www.mojcisenate.org/forms.html>

Please mail completed applications to Senator, #67002 John Thurman or if you have any questions please contact him at the address below:

John Thurman #67002

2144 East Laurel

Joplin, MO. 64801

417-499-5074 Email:

JohnThurman67002@hotmail.com

Is Now The Time?

Is there a Jaycee member in your chapter who you can always count on to go above and beyond? Is there a leader in your chapter who has been dedicated for many years to the great work and success of the Jaycees? Did you know you could recognize these individuals by awarding them with a Senatorship?

A JCI Senatorship is the highest honor in the world that a Jaycee can receive from a local chapter. The honor is awarded by Junior Chamber International only after the recommendation of a local chapter and requires the signatures of the Missouri and United States Junior Chamber, and Junior Chamber International presidents. It is designed to provide a link between past and present Jaycees.

This recognition comes as a result of many years of dedication, commitment, and service to the Jaycee organization. Fewer than one Jaycee out of a thousand receives a Senatorship in the United States.

Application forms may be obtained from the Missouri JCI Senate website (www.mojcisenate.org) under Senate Programs/Senate Forms. A new Senator's dues to Junior Chamber International are paid along with the application fee. Membership dues to the Missouri JCI Senate

may also be paid along with the JCI Senate application. These dues are paid separately and directly to the Missouri JCI Senate for new Senators. Active Missouri JCI Senate members regularly receive newsletters, mailings, e-mail communications, and publications. Additional benefits of active membership in the Missouri JCI Senate are a Missouri JCI Senate name badge and having national dues paid for one year.

Many chapters choose to present Senatorship awards at the State Convention in January at Tan-Tar-A. If that is your chapter's wish, now is the time to begin working on filling out the application and beginning the process so it can be completed prior to January.

As always, if you have any questions regarding the Senatorship award or the Missouri JCI Senate, please feel free to contact:

President DeWayne Cartee (H: 573-635-1364;

C: 573-680-9518;

dcartee@mchsi.com or any member of the Missouri JCI Senate.



MESSAGES

Election Reflection by Crystal Mitchell, Joplin Jaycee Kid

I attended the Fall State Meeting in Kansas City and had a great time. The highlight of my weekend was going to the Jaycees Election Meeting and learning about the process of the elections.

It was rather funny when James Danley was swinging his butt to the music down the aisle.

The "Heat Is On" and James Danley will be heated up as leads the Jaycees next year. He will be a very good President next year of the Missouri Jaycees. He will do a great job! When he gave his speech during elections, he was full of passion and fired up with ideas for the upcoming year. Everyone was happy that they

have elected not only a great President, but 4 Vice Presidents as well. I think next year's team will have a supportive President and that they all will do a good job.

As a Jaycee Kid, I look forward to turning 18 so I can join a great organization.

Holiday Season by VP James Danley

Can you believe that the holiday season is upon us already? WOW, where did the year go? Either way, I just love this time of year. I really enjoy it because I love to see the way that Lyndsey and Lauren's eyes light up at the mention of the word Christmas. I personally love the concept of giving gifts and spending time with family. This time of year makes me feel all warm and fuzzy inside. How about you?

As Thanksgiving approaches I tend to get excited about the idea of the family getting together to eat and watch football. The concept of gaining weight does not settle to well with me but the uneasy feeling goes away when I think about how delicious that pumpkin pie actually is. I know, that is messed up but James loves him some pumpkin pie. Black Friday does nothing for me. Why? I am a last minute shopper. I am the crazy fool that is out on Christmas Eve rushing around for the last minute gifts. Am I a procrastinator? You bet I am, I work better under pressure anyway. Not to mention, I love seeing everybody spread their true holiday spirit. Nothing says "Merry Christmas" like a nice shove from a ninety year old lady who is fighting for that very last basket of

Christmas cheer.

Seriously though, the holiday season means a lot to me personally as I am sure it does each of you. Christmas is the one that tugs a little more at my heartstrings. My mother passed away a week before Christmas so it is important to me that I spend this time of year with family. Life is short and has many surprises so I try not to waste to many moments around the holiday season. I have plenty to be thankful for and I am blessed beyond belief.

This brings me to my main point. There are many people in our communities who are not so fortunate. The circumstances surrounding their positions vary but the fact that they are less fortunate still remains. Many of our chapters reach out during this time of year to focus on needy families and I truly believe that this is one of the most important things we do all year long. I always ask myself, "If not us, then whom?" Sometimes the Jaycees are the holiday spirit that many depend on. We may offer the only happy moments for children and their parents. People face unfortunate circumstances all the time but it so much harder during the time of year that we want to associate with love and

togetherness.

If your chapter runs a project for the needy during the holiday season then I want to challenge you to make it the biggest and best yet. If your chapter does not do anything, then I would like to ask you to consider doing something this year. The economy is placing hardships on many families and I could not imagine the sacrifices that many have to make in order to keep their families fed. The Jaycees are well known for their big hearts and generosity during the holiday season. We do not help these people because we are looking for a reward but rather because it is the right thing to do. With that said, I want to thank you in advance for continuing to make a difference and for doing the right thing when many others do not. Each of you are everyday heroes and this time of year you truly are as you revive spirits and give people hope as they recognize that there is still goodness in the world. Keep up the good work and I would like to send warm holiday wishes from my family to yours.

James Danley
2008 State VP & 2009 President Elect

Life's Purpose by Chaplain Laurel Cagle

The one big question most of us ask ourselves is "What should I do with my life?" For most people, it's very difficult to answer. Use these simple suggestions from people who have successfully answered this question and are now living the life of their dreams. Be inspired to pursue your dreams and discover the impact you are meant to have on the world!

Ten Steps to Discovering Your Passion

1. Listen to your inner voice. It takes practice to hear your true desires. Your passion will often come as a whisper or serendipitous event that reminds you of what's important and what makes you happy.
2. Recognize crisis. Does your job feel like a grind? Are you spending your free time on something you love? Take an opportunity to appraise your happiness. One of the keys to liv-

ing a purposeful life is seeing that you feel unfulfilled.

3. Dwell in possibilities. Your passions could lead you in a lot of different directions to find fulfillment. Explore your life and unearth all of the things that bring you joy.
4. Tune out the voice of the world. Make the strongest voice in your life your own. Finding your purpose could mean going against the advice of close friends and family. Take a leap of faith and trust in your dreams.
5. Decide what kind of person you want to be. Rather than concentrating on what you want to do, think in terms of what kind of person you want to be. Let that guide your choices.
6. Bring your heart to your work. It takes passion and courage to find a profession that you love. Spending the time to discover that job is time well spent-it could make all the difference in

your life!

7. Trust transformation. Hard times are a natural part of life. Don't be afraid to change because of your experiences. Instead, let them shape and steer your course.
8. Have no regrets. According to the experts, it's easy to regret the time you've spent being unhappy or unfulfilled. Realize that during that time, you developed the skills you need to succeed!
9. Take the first step. Destiny can't help you until you are willing to step out of your comfort zone. Get prepared to make changes in your life ... and start making them!
10. Be patient. Finding your life purpose won't happen overnight. In every life, there's a fast road and a slow road. Most of us take the slow road! Keep your commitment and take small steps to make it happen. www.oprah.com

Inspiration from Greater Northland by R5 DD Holly Kosick

I want to thank the Greater Northland Jaycees for doing an outstanding job on the Fall Meeting the weekend of September 12-14. The accommodations were wonderful. I would also like to thank them and their foundation for having Dr. William Bowen from A Complaint Free World come speak to us at the convention in Kansas City. Dr. Bowen was truly inspirational and motivating. Although I have yet to be able to go a day with out having to switch my bracelet, I have noticed my complaining lessening and an improvement in my overall mood.

For those of you that were not able to attend the convention in Kansas City you truly missed an awesome speaker - Dr. William Bowen, the Lead Minister at Christ Church Unity in Kansas City, MO and founder of A Complaint Free World. Dr. Bowen founded the organization

with the belief that he could change the world by getting people to complain less and thus making their lives happier and more productive. He started with his congregation in 2006 by giving them purple bracelets to wear as reminders and to monitor their success at eliminating complaining from their lives.

As people tried his idea out to eliminate complaining in their lives many discovered how much happier and fuller their lives were. The idea soon spread and has been picked up around the world. Now over 5 million purple Complaint Free bracelets have been sent to people in more than 80 countries. However, there crusade is not over yet they are hoping to get 6 million sent out.

The process is simple - You begin by wearing the bracelet on either wrist, if you

catch yourself complaining, gossiping or criticizing you move the bracelet to the other arm and begin again. If you hear someone else who is wearing a bracelet complain, you may point out their need to switch the bracelet to the other arm, but you must move your bracelet too. You keep the bracelet on until you have gone 21 days without complaining (this is the length of time scientists believe it takes to form a new habit and for most people complaining is habitual).

If A Complaint Free World sounds like something that you or your chapter would like to participate in you can find more information about the organization and how your chapter get free bracelets by visiting the website acomplaintfreeworld.org.

Hannibal Toyland Christmas Parade

My name is Jennifer Foster and I am with the Hannibal Jaycees and we would like to invite you to participate in our annual Christmas Parade. The theme this year will be (A Toyland Christmas). We hold this event each year for Toys for Tots in hopes to make some child's dream come true.

The parade will start at 6pm at the top of

Broadway Parking lot. The entry fee for the parade will be a new toy donation. We will proceed down Broadway and left on Main.

The Hannibal Jaycees would like for this to be a great success so we are inviting anyone whom would like to help us light-up the streets of Broadway and Main. You can go to our website www.hannibaljaycees.org click on

Christmas Parade or click on the Santa for an entry form, which can be mailed to PO Box 484 Hannibal, MO. 63401 or we will be taking entries that day at the top of Broadway at (Save-A-Lot) parking lot. Any questions please feel free to contact me.

Sincerely the Hannibal Jaycees ,
Jennifer Foster 231-2630 or 221-4775

MESSAGES

Making My Way by Angela Bailey, St. Clair Jaycee

Upon the request, I, like a majority of the potential members, was not sure about making the commitment to an organization that required as much time as I felt comfortable with donating. If I was going to do this I was jumping in head first, so I dove in.

As I look back on my life, I am certainly not the same person I was five years ago. I feel completely comfortable in discussing personal experiences with the unknown because who knows, someone else may benefit from my story one way or another.

Before the birth of my son, in my eyes, I was a responsible young adult with a full-time job, I attended college part time and had my own home as well as a great relationship with my significant other. I also liked to have fun and found myself relying on resources that were confused with the notion of making my life seem a little more interesting. The people I typically associated with seemed to live the same life so

I didn't see any problem with my choices. I did not think it was the wrong way to live, because after all, I was still responsible in my daily activities.

When I found out I was going to be a mother, I changed my behavior and my lifestyle. We prioritized our life, changed our friends, and took to our families as we awaited the arrival of our little miracle. Amongst all of the change is when I realized I had not been living up to my expectations that I had unconsciously convinced myself I was fulfilling and it was time to change for the better.

After I gave birth to my beautiful healthy little boy, I again realized how truly blessed I have been and if I was going to raise my son to meet the expectations in being a self-sufficient, responsible individual that appreciates life, it was time I started living with the same morals. Therefore, after getting used to the newly discovered routine of being a mother, going back

to work and continuing my education I was searching for something else to get involved in the community. That is when I found the Jaycees, or did they find me?

Since I have joined in February of 2008, I have chaired an event (The Relay for Life) after only three months in, worked several events, received awards more specifically and recently Top 5 of 5. I have met so many wonderful people, made new friends and most importantly I have felt self satisfaction in knowing that I may have made a difference. (I have been told by my fellow Jaycees that the above accomplishments should make me proud.)

In retrospect, although a joyous whirlwind of accomplishments, failures, trial and error, I will continue on my way to being a better person, mother and friend with the assistance and experiences that I will continue to absorb through the Jaycees.

Joplin Jaycees Christmas Parade

Joplin Jaycees are looking for Christmas Parade Entries. The Joplin Jaycees will conduct "The 38th Annual Joplin Jaycees Christmas Parade" on December 6th, 2008. The parade will line up at 4:30 PM between 20th and 26th streets on Main Street. The parade will run north on main to 1st street starting at 5:30 PM. The theme for this years parade will be, "Walking in a Winter Wonderland". Parade packets will be mailed out to last years participants starting Monday 06 October 2008. This year the corporate sponsor for the parade will be Joplin Supply.

Additional Parade packets can be downloaded from the Joplin Jaycee's Web Site at www.geocities.com/JoplinJaycees or picked up from the Joplin Area Chamber of Commerce during their business hours. You may also obtain a parade packet by calling the Joplin Jaycees at 417-624-8552. Please be sure to include your community survey with your returned entry forms. For more information about the Jaycees or our projects please feel free to email the 2008 Joplin Jaycee president, Anna Mitchell at JoplinJaycees08@yahoo.com or by calling 417-624-8552.

"Your Story" by Stephanie Smith, St. Clair Jaycees

Over the past year of being the President of the St. Clair Jaycees, I have learned a lot about this amazing organization. I have learned even more about myself.

When I found and joined this brand new chapter in 2007 I wasn't really sure exactly what our purpose was or how we were supposed to get to the point of running the amazing projects everyone had laid before us, recruiting new members when we weren't really sure what membership was about, hosting m-nights, or

writing up a CPG. "A CP what?!" I remember wondering the first time I heard of it. As with all new things time passed and we attended various trainings, state meetings, and bugged the tar out of the Washington chapter :, and eventually it just kind of all started coming together like the pieces of a jig saw puzzle.

If you want something bad enough and believe in it with all your heart, there is nothing that can stand in your way.

So as the year draws closer to an end,

everyone seems to be talking about membership and recruiting new members for the future of our great organization. The thing that comes to mind when I think of the Jaycees, besides the obvious GREAT things we do for others, is the GREAT things that happen to us along the way. Things we didn't even know would happen. So tell your personal story to anyone who will listen and I'm sure you'll win their hearts as yours has been won, and the future of our organization will surely lie in good hands.

2008 - 2009 by Stephen Swanson

Farewell 2008, Hello 2009 As the year rolls into the final trimester, it has been a pleasure working in one of the best districts in the state and with some great chapter presidents. I want to thank everyone in region 5, district 4 for a fantastic year and hope you end it with a 'BANG'.

I've also had a lot of fun throughout the other districts in region 5, and would like to thank all of those who let me be a part of all the wonderful events and festivals that continue to grow and help make our chapters the best they can be. All of you presidents in R5D4 know about the incentives for the end of the year, and I hope to see all of you at the year-end convention in Tan-Tar-A for one last celebration, beer wench included.

Those of you who know myself and/or my wife, have welcomed us with open arms and have been a great group of Jaycees to volunteer with. There will be those events in each chapter that we have come to love and still plan on coming and helping out in the future, so I hope you continue to welcome us with those open arms, even after my year as district director.

With that being said, I want to let all of you know that Chris Bradburn from the West St. Louis County Jaycees will be take

over district 4 next year. I hope to be able to bring him out to at least one of your events so that I can introduce everyone to him that has not already met him. I know that he will do a great job next year as your district director, and I know you welcome him with open arms just like you did me. He may even bring his girlfriend, Jen, along with him every once in a while, so please be gracious to both of them and take good care of them when they are assisting you at all of your events.

You also want to be prepared to see a lot of Holly Kosick next year, who will be our Region Director for 2009. If she visits the chapters in Region 5 as often as she visited her chapters when she was district director the past 2 years, you may just think that she is a member of your chapter. I know that Holly will do a wonderful job, so please let her and her fiancé, Allen Coil, assist you with any events or projects that you have planned for 2009, if she decides to drag him along. Let's have a great couple of months to end out 2008 and keep the momentum moving forward as we start a new year in 2009 and get Region 5 back to the power house that it should be.

Farewell,
Stephen Swanson, R5 DD4

EUREKA JAYCEES FALL TRIVIA



50/50 Drawings and other great prizes!

Saturday November 22, 2008

Eureka Community Center
333 Bald Hill Rd
Eureka, MO 63025
Doors Open @ 6 pm
Fun Begins @ 7 pm

Silent Auction Sponsored By the Fenton Jaycees



Complimentary Beer and Soda provided! Please bring your own snacks!

Pre-Registration \$144 for a table of 8 or \$18/person
Day of Registration; \$160/table or \$20/Person

For Pre-Registration, Please fill out and return the form below to Eureka Jaycees P.O. Box 192, Eureka, MO 63025. Please make checks payable to: Eureka Jaycees.

Contact Name _____
Address _____
Phone # _____ Name of Team _____
Please Reserve _____ tables @ \$144 or _____ tickets @ \$18 each

Name of Participants:

1. _____	5. _____
2. _____	6. _____
3. _____	7. _____
4. _____	8. _____



Winterland Extravaganza



January 16-18, 2009

Tan-Tar-A Resort in Osage Beach, Missouri

Early Registration: \$83 (Must be postmarked by December 19)

Late Registration: \$93

Room Rate per Night: \$84

Call Tan-Tar-A Resort at 800-826-8272 for your reservation and identify yourself as a MO Jaycee or make your reservation online at www.tan-tar-a.com. Use #JAYC.

For more info call Sarah Bernskoetter at 573-645-0779 or sarahbeth74@embarqmail.com

Mail Registration to: Winterland Extravaganza

C/O Sarah Bernskoetter

2211 Brandy Lane, Jefferson City, MO 65109

Make checks payable to "Jefferson City Jaycees"

Please complete for each individual registered or attach list:

Chapter: _____

Name(s): _____

Full Address: _____

Phone: _____

All paid, full registrations postmarked by Dec. 19 will be entered in a prize drawing to be held during the convention. Postmark your registration by Nov. 21 for an extra chance to win!



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